DSRIP (Delivery System Reform Incentive Payment) Program

Learning Collaborative Meeting: April 9th 2015
VIRTUA – DSRIP PROGRAM

Virtua Memorial Hospital of Burlington County & Virtua West Jersey Health System

April Schetler, Project Lead
Bageshree Cheulkar, Project Coordinator
Virtua – A Leader in Southern New Jersey

- 3 Acute Care Hospitals
- 4 Major Outpatient Centers
- 45 Physician Office locations
- 2 Sub-Acute Care Facilities
- 2 Home Health Agencies
- 7 Ambulatory Surgery Centers
- 3 Fitness Centers
Virtua’s Mission

Virtua helps you **be well**, **get well** and **stay well**
SURVIVAL SKILLS FOR DIABETES

Group visits and Community Education for Diabetes
DSRIP Core Team

- **Stephen Kolesk**, MD; Senior VP Clinical Integration - **Project Champion**
- **Robert Post**, MD; Chairman, Dept. of Family Medicine, Virtua Health (Southern Division) - Physician Lead
- **April Schetler**, MS, RD; Director of Clinical Operations, Nutrition and Diabetes – **Project Lead**
- **Bageshree Cheulkar**, MD, MPH; Project Coordinator, DSRIP Program – **Project Coordinator**
- **Christine Gordon**, MBA; Manager of Reimbursement, Budget and Reimbursement – Finance Support
- **Carol Mullin**, RN; VP for Clinical Quality and Performance Management – **Quality and Data Support**
- **James Gamble**, MD; Medical Director of Informatics, Information Services – **Data Support** & State DSRIP Quality and Metrics Committee
- **Jean Davidson**, DO; Virtua Endocrinology – **Disease Specialist**
Educators and Patient navigators

- **Multi-Disciplinary Educators’ Team:**
  - Residents /Physicians – Tatem Brown Family Medicine Center
  - Diabetes Educators (RNs/RDs) – Nutrition and Diabetes Care Team
  - Community Based Health Managers (CBHM)– Social Services/Case Management team
  - Physical Therapist (PT) and Occupational Therapist (OT) – Rehabilitation team

- **Patient navigation:**
  - CBHMs
  - Access Center navigators
Survival skills for Diabetes

- Free Class
- Single session – 4 hour group class
- Informative session
- Break-out sessions with educators (last hour)

Incentives:
- Light lunch provided
- Nutrition counseling voucher
- Transportation as needed

4 classes in a month
- Different location each week
  - Washington Township Health and Wellness Center
  - Voorhees Diabetes and Nutrition Center
  - Lumberton FMC
  - Camden – Kyle Will FMC
Survival skills for Diabetes

• Disease management – Diabetes educator
• Healthy eating – Diabetes educator with lunch
• Physical fitness – PT/OT
• Health literacy (STOFHLA) and Depression (PHQ-9) screening – Physician
• Economic issues and resources – CBHM

Break-out session
• Physician – screening results
• Diabetes educator – post lunch blood test, logs

Informative session

• CBHM – resources and support
• Access center – follow up with PCP, Eye exam, Foot exam, etc.

Navigation/ Care coordination
Pilot

- Project activity of education session - to focus on flow of class.
- 2 pilot sessions – September 2014
  - North-
    - Lumberton FMC, Lumberton- Mt. Holly
  - South-
    - Tatem Brown FMC, Voorhees
- Patient enrollment – All patients with diabetes from respective practices were invited to attend
- Observations from Pilots - from patient feedback and peer review
  - Agenda for class revised for better flow of information
  - Presentation and information revised for better reception from audience.
Highlights of Project Roll out

- **Patient enrollment**
  - Invitations to eligible patients from physician offices
  - Access center calls
  - ER and MICU Discharge calls
  - In-patient Dietician referring

- **Additional staff trained**
  - Include per diem diabetes educators- RNs and RDs
  - Include OTs

- **Timings of class-9am -1pm**
  - Change of time?

- **4 locations every month**
  - Addition of locations?
  - Change of locations?

- **Building relationship with the community**
  - Reaching out to organizations for patient enrollment
Thank You.

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