

Trinitas Regional Medical Center

DSRIP UPDATE

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Program Description

Hospital-wide Screening for Substance Use Disorders

- Algorithm driven treatment for alcohol withdrawal
- Screening of all admissions
- Identified patients receive evidenced-based approach: Screening, Brief Intervention & Referral to Treatment (SBIRT)
- Depression screening (PHQ-9) provided to target patients
- Patients agreeable to substance abuse services are linked, by an Addiction Specialist, to outpatient treatment programs and other concrete services (housing, welfare benefits, primary care physicians)

Outcomes

- Comparison of Attributed and non-attributed Screenings
- IT detailed metric summary helps to identify “missed” audits
 - By unit
 - Nursing survey through Survey Monkey
 - Nursing Focus Groups
- Stage 4 metrics collected through existing EMR with modifications.
- Reduction in restraint episodes and hours in restraints
- High Risk Patient satisfaction re: screening process implemented
 - 30 patients per month by patient advocate
 - Has resulted in Addictions Specialist Staffing changes

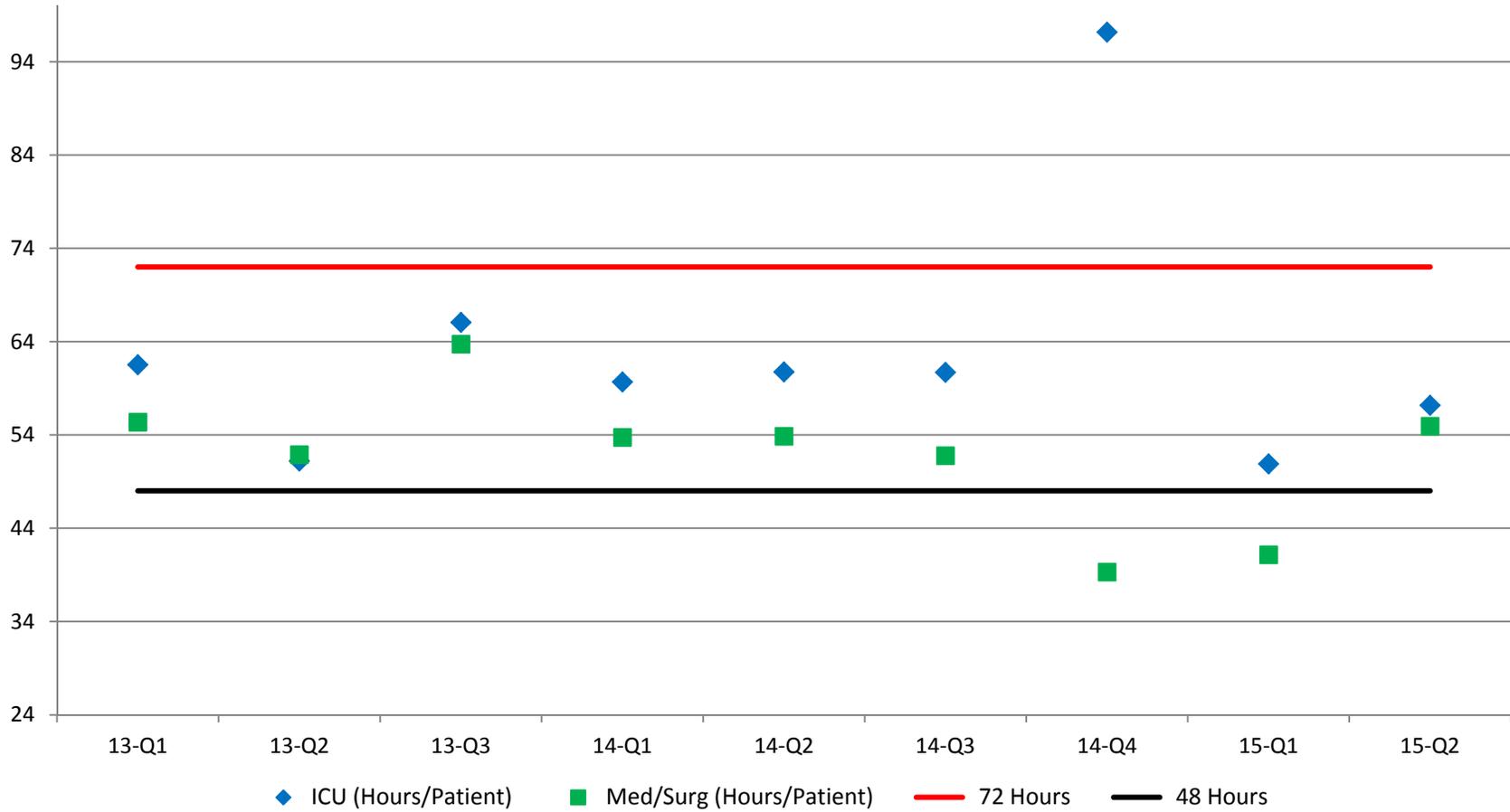
Outcomes

- Comparison of Attributed and non-Attributed Screenings for October – December 2015

Month	# of Completed AUDITS	% of AUDITS Completed / Total In-Patient admits	# Not Done, Missing or Refused
October	942	90.7	19
November	831	90	20
December	893	87.5	23

Month	Attrib Popl # of Completed AUDITS	Attrib Popl % of AUDITS Completed / Total In-Patient admits	Attrib Popl # Not Done, Missing or Refused
October	144	94	3
November	137	93.8	5
December	148	91.4	3

Restraint Data



Partners

Initial Project Partners (2014)

- Prevention Links
- New Hope
- Turning Point
- Flynn House
- Proceed
- Streetlight Mission

Added in 2015

- Salvation Army
- YMCA—Gateway
- Integrity House
- CURA
- Crystal Lake
- Second Home Adult Medical Day Care
- Cranford Park Rehab & Health Center
- Bayway Family Success Center
- HomeFirst Interfaith Housing & Family Services
- Elizabeth Nursing & Rehab Center

In progress: Mental Health Association of New Jersey (MHANJ)

Partner Statistics

A core group of project partners---four organizations--receive the majority of treatment referrals (about 70%).

Gateway Family YMCA in Elizabeth, NJ

-Partnership between the YMCA and Trinitas, Project Sustain, is a residentially-assisted, substance abuse housing program for pregnant and/or parenting women. Women retain custody of their children while in treatment.

-Housing services for adult men and women

Flynn House –sober living facility for adult men in Elizabeth, NJ

-The Flynn House is a 28 bed facility that mandates all patients be in substance abuse treatment and to adhere to strict program guidelines. Strong emphasis is placed on developing long-term, independent living skills.

Salvation Army, Elizabeth, NJ

-Emergency Shelter For men and women (open 24 hours a day, 7 days a week).

Proceed—Spanish speaking SAS treatment facility

--Substance Abuse treatment for Spanish speaking patients.

New Partner Highlight: Innovative Model Providing Peer-Support at the Bedside

Mental Health Association of New Jersey (MHANJ)

Unique, one of a kind partnership, between MHANJ and a Medical Center

MHANJ trains peer workers in recovery for substance abuse and mental health issues to provide support and case-management services to patients.

Targeted patients are identified by the Addiction Specialist or Medical Social Workers with the goal of two-person, peer teams providing bedside support, discharge planning help and post-discharge assistance such as transportation to appointments and in-home support.

Partners: Strengths

- Four core partners provide:
- Rapid response time
- Housing within hours of being informed of a patient's discharge
- Effective communication regarding patient's status
- Compliance with DSRIP requirements for PHQ-9 & Patient Satisfaction Surveys
- Willingness to participate in periodic roundtable discussions

Partners: Challenges

- One partner, residential provider, requested payment for staff time to complete the PHQ-9 and the patient satisfaction survey . Affiliation Agreement was not renewed.
- Agencies who provide services, but who do not generate Medicaid bills (grant run facilities). Examples include St. Bridget's in Newark, NJ.

--St. Bridget's is a transitional and emergency shelter residence that provides housing and supportive services

to homeless men living with HIV/AIDS. St. Bridget's employs a Certified Addiction Dependency Counselor

(CADC) who provides addiction treatment to the clients. However, this program does not generate Medicaid

bills, so would not meet the standards NJ DSRIP billing & coding requirements.

- Partners with strict abstinence-only treatment philosophies. This mean, if a patient relapses, they can automatically be discharged from a program or have housing privileges revoked.

Partners: Engagement Strategies

Strategy #1: Round Table Discussions & Celebrations.

One example: Thanksgiving Celebration & Partner Awards Ceremony on 11/19/15.



Strategy #2: DSRIP Symposium “How Addiction Affects our Communities: A Model for Healthcare Integration” on May 20, 2016.

Community Partners—Gaps in Service

- Harm Reduction Model for treatment & housing
- Lack of evening programs for patients utilizing Medicaid & Charity Care
- Limited detox programs
- Medically focused transitional housing
- Lack of easily accessible primary care services