DSRIP Update

DSRIP Learning Collaborative 2: Chemical Addiction/Substance Abuse
Inspira Medical Center Vineland
October 9th, 2014
DSRIP Overview

- Project: Hospital-Wide Screening for Substance Use Disorder
- Use of the SBIRT (Screening, Brief Intervention and Referral to Treatment) methodology to carry out project.
- Key personnel involved: Nursing, Care Coordination and Behavior Health
SBIRT
Screening, Brief Intervention, Referral to Treatment

- Dependent: 5%
- At Risk: 20%
- Low Risk: 35%
- Abstinent: 40%

Risk Levels:
- No Use
- Low-Risk Use
- Moderate-Risk Use
- High-Risk Use
- Dependence

Intervention Steps:
- Reinforce positive behaviors
- Brief intervention
- Referral to treatment
Pre-Screening:
Patient admitted –4 question pre-screen in RN Assessment

Full Screening:
Coach meets with pt for Full Screening

Consult

Brief Education

Brief Intervention

Referral to Treatment
Intervention Coach to Follow Up

Confirm initial visit completed

Confirm continued treatment

Metrics measure success with above
Provider Consortium

0 Monthly meeting of area drug and alcohol providers
0 During these meetings the following was discussed:
   0 Feedback Form
   0 Orientation Manual for Intervention Coaches
   0 Interview Forms for Intervention Coaches
   0 Process Map – Referrals
   0 Funding Source Directory
Project Achievements

- Project management
  - Engaged project team throughout process
- Initiation of pilot
  - Started Mid-August on three acute care units
- Referral Process
- Communication
  - Meeting with senior management on a quarterly basis
PDSA Cycle

0 Initiation of pilot program
  0 Ending Plan Stage

0 Beginning our DO stage:
  0 Multi-departmental pre-pilot meeting with leadership
    0 Help transition from the "planning" to the "do" stage
    0 Helped to address any additional questions and solidify designated point people’s roles
  0 Working with leadership across the continuum to document any problems and observations during our pilot
Hospital Specific Project Outcomes

- Decrease LOS
- Decrease in readmissions
- Decrease in use of restraints
- Decrease in transfer of patients with delirium tremens to the ICU
Project Challenges

0 Patients who are resistant to help:
  0 Solutions:
    0 Intervention Coaches utilize non-threatening approach
    0 Leave patient with booklet which includes contact information for Intervention Coaches
    0 Provide follow up calls to revisit opportunity for help

0 Patients without insurance:
  0 Solutions:
    0 Reaching out to our external partners in our consortium for help in exploring other options
    0 Create a resource list of facilities that can provide some financial support.
Questions?