

Learning Collaborative 5

10/9/2014



KENNEDY UNIVERSITY HOSPITAL

My diabetes, My life

Learning Needs Assessment

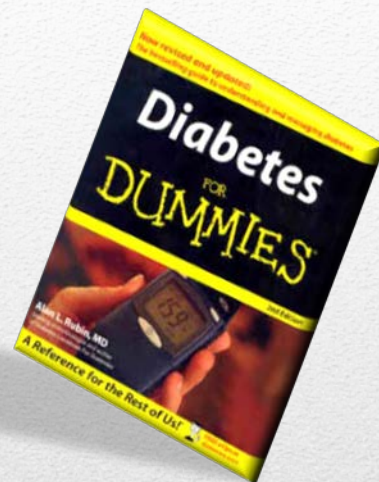
- *One-third* of clinical nurses system wide surveyed
- Survey entailed *specific diabetic care* knowledge
- Significant knowledge *deficits* identified



Comprehensive Educational plan

○ Clinical nurses

1. 3 stage CBL program
2. Roadshows
3. 1 hour didactic learning session



○ Physician

1. Lectures by Endocrine
2. Pocket guide
3. Newsletter

Patient perspective



Patient engagement

- Confirm Strengths
- Identify barriers



Discoveries included

- Diabetic patients knowledgeable
- Behavioral component
- Interest in support groups



Patient Education

Patient teaching tools not universal

- No standardization throughout system
- Lack of educational materials



Creation of universal tools

- ✓ Patient education booklet
- ✓ Panel card

Program Development



Care Coordination between Community Provider & Health System

- o Hospital-Based Clinics & FQHCs
- o DSRIP team
- o Self- Care skills assessment
- o Population health management tool

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My diabetes. My life
Patient's Self-Care Skills Plan

Name _____ DOB _____ DATE _____

How are you doing with managing your diabetes?
☐ Good ☐ Not Good ☐ Not Sure

How were the results of your last A1c test (sometimes called the hemoglobin A1c test, a three-month average of your blood sugar)?
☐ Good ☐ Not Good ☐ Not Sure

I am doing well with:
— Exercising
— Making healthy food choices
— Taking medicine
— Checking my blood sugar
— Cutting down on smoking
— Dealing with my stress
— Other _____

I want to do better with:
— Exercising
— Making healthy food choices
— Taking medicine
— Checking my blood sugar
— Cutting down on smoking
— Dealing with my stress
— Other _____

To improve my health, I will work on one of the areas that I want to make better.
How often _____
— None
— Sometimes
— Most of the time

How often I am able to do this (circle a number)
1 2 3 4 5 6 7 8 9 10 Very Sure
Not Sure

Kennedy's commitment to care

Supplies

Barriers

- Shortage of supplies for teaching
- Barriers to patient access



Establishment of procurement process

- Cost effective options explored
- Implementation of voucher system





Thank You

