

CentraState DSRIP Project



**DIABETES EDUCATION FOR THE
UNDERSERVED POPULATION**

Initial Plan



- **Diabetes education in Freehold borough**
- **Underserved heavily Hispanic population**
- **St. Rose of Lima/Office of Hispanic Affairs**
- **Extensive marketing**

Challenges



- **Obtaining baseline lab work**
- **Transportation Logistics**
- **Class timing**
- **Medical Home follow-up**
- **Language**
- **Low turn-out**
- **High attrition**

Rapid Cycle Improvements



- **Involvement of Family Medicine Center**
- **Physician buy-in**
 - Identified participants from among current patient population
 - Scheduling carried out by FMC staff
 - Know location for participants
 - Available staff, space for visits
 - ✦ BP, lab, weights, foot exam,

Continue



- Education visits were tied to a medical visit
- Ability to recruit large groups
- Physician always present
- FMC already an established Medical Home
- FMC has framework in place for charity care applications and drug assistance programs
- Decreased education visits from 4 to 3

Resident/Physician Education



- **Monthly case presentations at Resident Meetings**
 - Review medications
 - Standards of Care
 - Depression Scales
 - Recommendations by Novo Nordisk Center Medical Director (endocrinologist)
 - Recommendations by Psychologist/Instructor
 - Rapid implementation of recommendations

Final Thoughts



- Program is open to all eligible community members.
- Those without insurance and/or medical home are encouraged to use FMC as Medical Home.