CentraState DSRIP Project

DIABETES EDUCATION FOR THE UNDERSERVED POPULATION
Initial Plan

- Diabetes education in Freehold borough
- Underserved heavily Hispanic population
- St. Rose of Lima/Office of Hispanic Affairs
- Extensive marketing
Challenges

- Obtaining baseline lab work
- Transportation Logistics
- Class timing
- Medical Home follow-up
- Language
- Low turn-out
- High attrition
Rapid Cycle Improvements

- Involvement of Family Medicine Center
- Physician buy-in
  - Identified participants from among current patient population
  - Scheduling carried out by FMC staff
  - Know location for participants
  - Available staff, space for visits
    - BP, lab, weights, foot exam,
Education visits were tied to a medical visit
Ability to recruit large groups
Physician always present
FMC already an established Medical Home
FMC has framework in place for charity care applications and drug assistance programs
Decreased education visits from 4 to 3
Resident/Physician Education

• **Monthly case presentations at Resident Meetings**
  - Review medications
  - Standards of Care
  - Depression Scales
  - Recommendations by Novo Nordisk Center Medical Director (endocrinologist)
  - Recommendations by Psychologist/Instructor
  - Rapid implementation of recommendations
Final Thoughts

- Program is open to all eligible community members.
- Those without insurance and/or medical home are encouraged to use FMC as Medical Home.